

KS3 CPSHE CURRICULUM MAP 2024-25- YEAR 7

Term:	Year 7 (One x 50 mins lesson a fortnight)
Autumn 1 (8 weeks)	<u>Growing Up:</u> 1. How is Year 7 different? 2. What is Puberty? 3. Why am I feeling like this? 4. Why are friends important/Anti-Bullying
Autumn 2 (7 weeks)	<u>Relationships</u> 1. What is the difference between healthy and unhealthy relationships? 2. Communication skills 3. Commitment in relationships 4. Abuse in relationships
Spring 1 (6 weeks)	<u>Identity and Community</u> 1. Who am I and what makes up my identity? 2. What makes up a family? 3. What makes up a community and how can I be an active citizen?
Spring 2 (6 weeks)	<u>Identity and Community</u> 1. Gender Stereotypes 2. Faith and values 3. What are my rights and responsibilities?
Summer 1 (5 weeks)	<u>Risk and Safety</u> 1. What is risk and how do we manage risky situations? 2. Being assertive and dealing with pressure 3. Managing expected and unexpected events.
Summer 2 (8 weeks)	<u>Planning for the future:</u> 1. About Me: My Personal Profile (x 2 lessons) 2. Working with others and building skills. 3. Goal settings and how do I plan for my future?